



Houston Medical Massage
2990 Richmond Avenue, #630
Houston, TX 77098
(281) 702-7001
halamas.scarbrough@gmail.com

Client Information Form

Name: _____ Home Phone: _____

Address: _____ City/State/Zip: _____

Cell Phone: _____ Work Phone: _____ Birthdate: _____

Email: _____ Occupation: _____

Employer: _____ Emergency Contact: _____

What is the reason for today's visit? (e.g., relaxation, specific discomfort/pain): _____

How did you hear about us? _____

Have you ever had a professional massage before? YES NO

Are you pregnant or trying to get pregnant? YES NO

If yes, how far along? _____

Please circle if you have/have had any of the following conditions:

- | | | |
|-----------------|--------------------------------------|------------------------------|
| Heart Condition | High Blood Pressure | Vascular/Blood Disorders |
| Skin Disorders | Immune Disorders | Stomach Disorders |
| Diabetes | Cancer | Respiratory Disorders |
| Arthritis | Allergies (including oils/scents) | Headaches |
| Sciatic Pain | Leg/Foot Pain | Neck/Shoulder Pain |
| TMJ Syndrome | Neuropathies | Breast Augmentation |
| Dentures | Herniated/Bulging/Degenerative Discs | Other? Please explain: _____ |
| | | _____ |
| | | _____ |

Do you smoke? _____ Drink alcohol? _____ Drink caffeine? _____

Drink soda/pop? _____ Eat chocolate? _____ Use lots of salt? _____

How much exercise/stretching do you do per week (days/duration)? _____

Have you seen any other health professionals for the condition that brought you here today? _____

Do you take any prescription medication? If yes, please list: _____

Do you have any other medical issues, including past surgeries, which I should be aware of before giving you massage therapy? If yes, please describe: _____

Please read the following, and initial and sign below:

___ We use only conservative draping during our sessions.

___ If you feel uncomfortable for any reason, you may ask to end the session.

___ The types of techniques we use in the session, the parts of the body to be massaged, including indications /contraindications, are determined during your initial visit / assessment and are fully explained by your Therapist.

___ I understand that massage therapy given here is for the purpose of, but not limited to: Fulfilling a prescription of a treating physician, for a medically necessary condition; for stress reduction, relief from muscular tension, or spasm; or for increasing circulation and energy flow. I understand that the Massage Therapist does not diagnose illness, disease, or any other physical or mental disorder. Massage therapy is not a substitute for medical examinations and/or diagnosis. It is recommended that I see a physician for any physical ailment that I might have.

___ Because a Massage Therapist must be aware of existing physical conditions, I have stated all of my known medical conditions and take it upon myself to keep the Massage Therapist updated on my physical health.

___ I will respect the time of my Massage Therapist(s) and other clients. I agree to come to my scheduled appointments promptly, barring any unforeseen emergency. I understand that if I cancel later than 4 hours prior to my appointment, I will have to pay HALF the cost of my appointment. If I NO SHOW, I will have to pay the FULL price of the appointment.

Client Signature: _____ Date: _____

Therapist Signature: _____ Date: _____